



TCS NEW YORK CITY MARATHON 2025 Runner Information W HOTEL OPTION



Thank you for signing up to the 2:09 Events trip to the New York City Marathon. The race is now just under three weeks away and your training should have reached its peak, and you should be starting to taper for the big day.

Here is a basic itinerary for the trip outlining all the key information you need for your trip to New York and the USA.

Please read the information carefully.

There are more details, including race routes and maps of the marathon start and finish area on the NYRR website https://www.nyrr.org/tcsnycmarathon

BEFORE YOU TRAVEL

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ESTA Visa Waiver

If you are a UK citizen you do not require a VISA to visit the USA, you can travel under the Visa Waver Programme, to do this you must complete an online application at least 72 hours prior to travel. This is known as an Electronic Travel System or ESTA. If you haven't already done so, apply online at: https://esta.cbp.dhs.gov

To complete the ESTA process, you will need your passport details and the address and telephone number of the hotel or accommodation you are staying at. You also have to pay a fee of \$40, although you can travel under the same ESTA for up to two years.

If you are not a citizen of the UK, you will have to complete the appropriate application for your own country. It is your responsibility to make the correct Visa or ESTA application before you travel. You will not be allowed on board a flight unless you have completed this procedure.

ARRIVALS IN NEW YORK

As you have booked a hotel-only option you are responsible for making your own way to the hotel. A taxi from JFK to midtown Manhattan is approximately \$80 including tolls and tips. The basic price is fixed. There is a supplement of \$5 for travel between 4-8pm. If you want to use public transport, it's a little more complicated but cheaper: the best option is to take the Air Train from JFK airport to Jamaica (\$8.25 single journey) and then change on to the subway where you should take the E train in the direction of World T and get off at 7th Avenue which is a short walk from the hotel. (subway is \$2.90 per single journey). The closest subway stop to the W Hotel is 49th street, but it requires more changes to arrive there whereas the E train is a faster train and goes direct from Jamaica.



YOUR HOTEL - W Hotel

A reservation has been made for you at the 4-star W Hotel . The hotel holds our group rooming list under 2:09 Events but the hotel does have all your names. You do not need a hotel voucher just present your Passport as ID at check in. The accommodation is pre-paid, along with all associated taxes, on a room only basis. As with is the case with most US hotels, breakfast <u>is not</u> included with the booking. The hotel may ask for a credit card at check in to cover any discretionary spend you make while at the hotel.

W HOTEL, 1567 Broadway, New York, NY, 10036

In the heart of Midtown Manhattan, overlooking a glittering stretch of Broadway, you will find the W New York - Times Square, a stylish escape in the centre of it all. The hotel is just moments away from the most famous theatres in the world, the sights and sounds of Broadway and the endless assortment of restaurants and bars of Hells Kitchen.

Standing only steps away from numerous subway lines, the W Hotel instantly connects you to the endless attractions of Manhattan - from the gritty and glamorous Lower East Side to the cheeky and charming West Village. After a busy day exploring New York City, you can recharge in your luxury guest room or suite, refuel at one of two busy restaurants, or relax in the Living Room bar, a playful tribute to the Times Square of the past.

All the rooms have flat screen TVs, free Wi-Fi, private bathrooms with either walk in shower or bath or showers, as well as 24-hour room service.

YOUR 2:09 EVENTS REPRESENTATIVES

Gwilym Seaton will be staying with you at the W Hotel throughout your stay. Gwilym is the head of operations at 2:09 Events and has been leading trips to the New York City Marathon for the last three years.

If you need to contact Gwilym, he can be reached on +44 (0) 7879 822538 or by email gwilym@209events.com

Steven Seaton and Mike Gratton are also in New York although they are staying at different hotels where we have other groups of runners. Mike is at the Edison, which is just around the corner from the W, whereas Steven is at the Warwick Hotel at 65 W 54th Street.

Steven Seaton can be reached on +44(0)7834 431000 or e-mail steven@209events.com

Mike Gratton can be reached by phone +44(0)7921 783613 or e-mail mike@209events.com

Mike and Steven will be hosting a recce run covering the last few miles of the course and the finish area of the marathon on Friday October 31. If you would like to join them meet at reception of the W Hotel at 7.40am and we'll jog up to the park with runners from the Edison hotel and then meet up with other runners from the Warwick hotel.

The run will be between 5-6k and will go up to the finish line on Central Park West cut across the park and follow the marathon route for the last two miles. The run will be a gentle pace with frequent stops to explain parts of the route and the operation of the race.

Gwilym will also be in the reception area of the Hotel Edison at the following times if you need to speak to him about anything connected with the race or the trip.

Friday October 31 7.40am meet in reception in running kit for a 5-6K recce run of

the marathon finish as well as the last few miles of the race route

in Central Park.

9.30-10 am Gwilym will be in reception

5-5.30 pm Gwilym will be in reception

Saturday November 1 **10-10.30 am** Gwilym will be in reception

Race Number Pick up and Collection

You must collect your race pack in person at the TCS New York City Marathon Expo. You should have already selected a date and time slot to pick up your number. If you can't remember this time, check the dashboard on your NYRR profile which holds all the information you selected for this year's race. You will need to take along a photo ID as well as your runner confirmation form, which was sent to you the week beginning October 13. The expo is held at the: Jacob K, Javits Convention Centre located at 11th Av and 35th St. The Expo is open Thursday - Friday 10am-8pm and Sat 9am-5pm. The walk from the W Hotel takes around 20 minutes.



ABBOTT DASH to the Finish 5K

This pre-marathon 5K takes place on Saturday morning and starts outside the United Nations on 44th St and 1st Avenue at 8.45am. The event is only open to those who have entered in advance. There are no longer any entries available.

If you have entered, you have to pick your number up from the Race Expo on Thursday October 30 or Friday October 31. You will need your race confirmation email to pick up your number. The 5K uses the same finish as the marathon.

Checked baggage

There is no bag check at the start of the NYC Marathon but if you have pre-booked it, you can leave a bag at the finish for collection after crossing the finish line. You have to deposit this bag at the finish on Friday October 31 or Saturday November 1 between 9am-5pm at Rumsey Playfield in Central Park. You can only leave the official race bag which will be given to you at number collection if you have pre-booked this service. Again, if you are uncertain, you can see if you have booked this by checking your NYRR profile.



Race Day Transportation

There are a number of ways of reaching the NYC Marathon start on Staten Island: buses from NY public library, Staten Island Ferry or the Midtown Ferry. You should have already selected your desired option, and it should be visible on your NYRR dashboard. For those who have selected the (ITO) Midtown Ferry, there are four sailings on Marathon morning: 6am, 7am, 8.30am and 9am. The Midtown Ferry leaves from **Ferry NY Waterway, 459 12th Ave, New York, NY 10001**



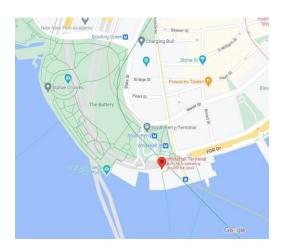
We have a private bus that will take you from outside the hotel directly to either the 6am, 7am or 8.30am/9am ITO ferry. You need to be in reception no later than:

5.20am to board a bus to take you to the 6am sailing 6.20am for the 7am sailing 7.50am for the 8.30 **and** 9am sailings.

The timing is too tight to drop off for the 8.30am sailing and return to pick up those on the 9am ferry so those on the later ferry (9am) will have to leave at 7.50am and wait at the ferry terminal. If you prefer to walk to the ferry, it is approximately 25 minutes' walk from the hotel.

If you selected this option, it will be printed on your race number with the ferry sailing you have chosen. There is reserved seating on the ITO/Midtown Ferry so only those with ITO/Midtown Ferry and the correct time will be allowed on to those particular sailings.

If you opted to use the Staten Island ferry rather than the Midtown Ferry, it leaves from Whitehall terminal in lower Manhattan.



The best way to travel to the Whitehall terminal is on the subway on the 1 or the R lines, which both have stations close to the W Hotel.

Again, the service timings you selected should be printed on your number. Although NYRR say you have to use the service you booked, the Staten Island ferry is a walk on, walk off public service ferry and no one will be checking numbers at the entrance. There are sailings every 15

minutes. The journey takes 25 minutes and when you land at Staten Island there will be an official marathon bus service to take you to the start holding area.

If you have chosen to take the midtown buses, they leave from the New York Public Library at 5th Avenue and 42nd Street. The service takes 90 minutes and will take you directly to Fort Wadsworth on Staten Island, which is the holding area for the start. Buses depart between 5am and 6.15am.

At the start



There are five wave starts for the mass field leaving at 9.10am, 9.45am, 10.20am, 10.55am and 11.30am. The elite women start at 8.40am and the elite men at 9.05am.

The only bag you are allowed to use in the start village is the clear bag you were given at registration. Only registered runners are allowed into the start village.

With any of the transport options, it is likely you will be at the start area for some time before you line up and start running. There are ample toilets at the start, as well as water, energy products, bagels and hot drinks - while supplies last. As the start area is on an island surrounded by water it can be extremely cold in early November so pack plenty of old, warm clothes. There is no bag check at the start so you will be throwing these clothes away before you start running. NYRR collect these old clothes, launder them and distribute them to local charities.

When your start time approaches you will be moved to start corrals. This is generally 15-20 minutes before your intended wave starts.

At the finish

When you cross the finish line you will be presented with a medal, a fleece-lined Poncho and runner recovery bag, which contains food and drink. The exit from the park is West 77th street which is around 30-40 minutes' walk back to the W Hotel. If you are planning to meet up with family and friends after the race, we suggest you do it back at the hotel. Trying to find people in a heavily congested finish area can be very difficult.

Supporters

Gwilym will be walking out to watch the runners coming past on First Avenue close to the 17-mile point, which is soon after the runners return to Manhattan. If you would like to join them, please meet in reception of the W at 10.35 am and we will walk over as a group, with supporters staying at the nearby Edison Hotel, and then join up with other supporters staying at the Warwick Hotel. It is quite crowded on First Avenue, but it thins out as the race progresses, you will be standing on the left-hand side of the course as your runners come past. From the 17 mile point it is a short walk over to Central Park East where you can watch your runner again as they come past between 24 and 25 miles, this area is less congested than First Avenue. The final mile to the finish along Central Park South is very congested with spectators, as is the route for the final 400m along Central Park West. Much of that final section has grandstand seating which is ticketed.

Finishing the NYC Marathon is always a great achievement so don't forget the big celebration on Sunday night.

For those of you who have purchased tickets, NYRR is hosting a post-race marathon celebration for the second time year. It is on Sunday night between 7-11pm at Terminal 5, 610 West 56th Street New York, NY 10019.

The party includes music, activations and some surprise guests. It is a ticketed event and you have to be over 21 to attend, tickets include one complimentary drink at the party.

Departures

As you have booked a hotel-only package you need to make your own arrangements to return to the airport.



GOOD LUCK AND HAVE A FABULOUS TIME