

# SPRING TRAINING

## General information

### Passports/visa

A valid 10-year British Citizen Passport (with at least 6 months' validity after your return) is required for this tour.

**Non-British Citizen** passport holders should check with the relevant consulate about visa requirements.

***This is your responsibility.***

### Insurance

Please ensure you take your policy with you.

### Driving Licence

Please ensure that you take a valid Full UK Licence or equivalent International Licence. Please note drivers must be over 23 years old.

### Check-in

Please note that, in these days of heightened airport security, you are particularly requested to check-in 2 hours prior to departure.

### Our Representative at Faro Airport

On clearing baggage and immigration at Faro airport you will be met by our **Representatives** in the **Arrivals Hall**. This will be 2:09 Events staff if you are taking a transfer and **Zitauto** if you are collecting a hire car – they will have a notice board in the arrivals hall.

### Airport Transfers

As flights will be arriving in clusters on the Thursday it may be necessary to hold you for a short time at the airport while others arrive before we can set off by bus to the hotel.

### Car Hire

On arrival, a representative of Zitauto will be in the arrivals hall to show you to the car hire area, which is located a short walk away from the terminal buildings.

### Directions to Victoria Sports & Beach Hotel from the Airport

From the airport follow the main road for approx. 4km and then take the right-hand turn – the N125 – towards Loule (you will make a 360 degree turn as you go down the slip road).

Follow the N125 for another 4km at which point the road forks. Take the right-hand fork sign posted Almancil (Note: The signpost is on the fork so make sure you are in the right-hand lane).

Follow the N125 for a further 16km where you take a left-hand turn, signposted to Albufeira. After 5km you will reach a roundabout. Follow the directions for Acoteias.

After 2km (after passing the Sheraton/Pine Cliffs Golf Resort) turn right at the Alpinus Hotel and follow the signs towards Falesia, after a short distance go right at roundabout. Continue to the next roundabout and go right again and down the hill until you reach the T-junction at the bottom. Turn left here and continue past the running track on your left – the Victoria Sports & Beach Hotel is at the far end of the track on the left-hand side.

### Check-in

You will be required to leave your Passport at reception at and complete a registration card to obtain your apartment key.

All bedding and towels are included in the apartment rooms. Studio. Apartments will also have kitchen utensils and crockery/cutlery. Toiletry items are supplied but we suggest that you should also bring your preferred soap, shampoo, etc.

### Local facilities

There is a complex of shops and restaurants a few minutes' walk from the apartments. The supermarket will have most of your needs and fresh bread daily. There are several good restaurants and coffee bars in the square at Falesia.

The main towns are Albufeira and Vilamoura, both are approx. 10km away by road. Albufeira is an old fishing village somewhat spoiled by tourism but with lively bars and clubs, Vilamoura has grown up around the Marina and the golf courses and has a range of shops, restaurants, café's and bars.

### Currency

Euros

### Sports Facilities

Synthetic Recaflex Track 4 lanes  
Sports field for Football and Rugby training.  
2 Tennis courts (additional cost)  
Gymnasium

**Electricity: 220V ac 50Hz (an adapter is necessary)**